

Donning Personal Protective Equipment (PPE)

Preparation

- Ensure that PPE is not damaged and is the right size
- Remove all jewellery and tie back long hair
- **WASH HANDS**

1 Gown

- Put on gown, tie at neck and waist



2 Mask or N95

Mask

- Cover nose and mouth with surgical/procedural mask, tie or secure straps around ears
- Shape the mask to your nose



N95

- Hold the N95 in the palm of your hand, with the straps hanging on either side
- Place mask over your chin and then nose
- Secure the upper strap on the top of the head first, then bring the lower strap over the first strap and secure at neck/under hair
- Shape the mask to your nose and check for a good seal with fingers



3 Face Shield

- Cover eyes with protective glasses or face shield



4 Gloves

- Insert hands into gloves
- Extend to cover the wrist of the gown

